

Caring for Older Adults with Obesity in Primary Care using the [GSA KAER Framework](#)

Conducted at The Gerontological Society of America Annual Scientific Meeting
Indiana Convention Center, Indianapolis, Indiana
Wednesday, November 2, 2022, 7:30 am – 1:00 pm

This interactive workshop will support individuals working in primary care to feel better prepared and confident to help older people with obesity recognize and care for their disease. Participants will become familiar with details, ideas, and resources for bringing a new way of managing obesity into daily practice using the [GSA four-step KAER—Kickstart, Assess, Evaluate, Refer—Framework](#). This Framework also provides primary care teams with information on payment and how to connect individuals with obesity and overweight with community resources. GSA has assembled a panel of internationally recognized expert faculty to share how they have implemented tools described in the Framework. Faculty will share challenges and successes allowing participants to learn from their experiences. Throughout the workshop, participants will collaborate with peers to develop an action plan to guide implementation of the KAER Framework in their practice following the workshop.

GSA has planned two exciting bonus opportunities for KAER Workshop participants. First, the day will start with learning about how to improve communication with older adults from an expert faculty member from the National Center to Reframe Aging. Participants will close out the workshop with a healthy lunch while receiving insights on the publication, *How to Sustain Brain Healthy Behaviors*.

This preconference workshop will enable participants to:

- Evaluate themselves and their care team colleagues for potential biases and negative feelings about people with overweight and obesity
- Implement communication and patient care environment practices that promote patient engagement in a conversation about body size
- Apply the four-step KAER Framework to the management of overweight and obesity in older adults
- Integrate web-based and community resources into practice to support older adults with overweight and obesity

Cost: \$138 Register at www.gsa2022.org | Questions: Contact Jen Pettis at jpettis@geron.org

**GSA recognizes the collaboration of the
Gerontological Advanced Practice Nurses Association in planning this workshop.**



GSA appreciates the generous support of the KAER Framework and workshop supporters.

